





MENU

High School January 21 - 25	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	No School	"Taco Tuesday" Chicken, Brown Rice, Cheese, Salsa, Sour Cream, & Black Beans	Chili w/Cheddar Cheese Potato Wedges Cornbread	Spaghetti & Meatballs Parmesan Broccoli Dinner Roll	"Breakfast for Lunch" Scrambled Eggs, French Toast Sticks Sausage Links
	No School	Hamburger Cheeseburger Crispy Chicken Sandwich	Hamburger Cheeseburger BBQ Pork	Hamburger Cheeseburger Spicy Chicken Sandwich	Hamburger Cheeseburger Sloppy Joe
	No School	Cheese Pepperoni Buffalo Chicken	Cheese Pepperoni Cheeseburger	Cheese Pepperoni Ranch Chicken	Cheese Pepperoni Flying Pig
	No School	Chili	Wedding	Chicken Rice	Cream of Tomato
<p>Combo Includes: Choice of one entrée, two servings of fruits and vegetables, one grain or bread and one low-fat milk</p>			<p>Nutritional Targets Calories: 800, Iron: 4.5 mg, Calcium: 400 mg, Vitamin A: 1500 IU, Vitamin C: 19.18 mg, Protein: 16.7 g, Total Fat Less Than 30%, Saturated Fat Less Than 10%</p>		

Please discuss any food allergy issues concerning your child with the Food Service Director.

This is an equal opportunity provider.

