



Menu

Lunch Menu for February 18-22		North Road Elementary				
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Signature	No School	No School	Local Howland Pizza Fresh Mixed Green	Pasta and Meatballs, Parmesan Broccoli and Dinner Roll	Breakfast for Lunch" Scrambled Eggs, French Toast Sticks and Sausage Links	
Grill	No School	No School	BBQ Pork Sandwich	Cheeseburger	Spicy Chicken Sandwich	
Pizza	No School	No School	Pizza Beagles	Cheese Pizza	Pepperoni Pizza	

Combo	Nutritional Targets
Includes: Choice of one entrée, two servings of fruits or vegetables, one grain or bread and one low-fat milk	Calories: 800, Iron: 4.5 mg, Calcium: 400 mg, Vitamin A: 1500 IU, Vitamin C: 19.18 mg, Protein: 16.7 g, Total Fat Less Than 30%, Saturated Fat Less Than 10%

Please discuss any food allergy issues concerning your child with the Food Service Director.

This is an equal opportunity provider.

