



# Food Zone

## January Elementary School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
7 Grilled Cheese Sandwich Tomato Soup Fresh Fruit (C)	8 Build Your Own Taco Tuesday, Brown Rice, Black Beans, Cheese & Salsa Fresh Fruit (B)	8 Local Howland Pizza Fresh Mixed Green Salad Fresh Fruit (C)	9 Pasta w/ Meatballs Parmesan Broccoli Honey Wheat Roll Fresh Fruit (A)	10 Mini Pepperoni & Cheese Sticks w/ Dipping sauce Fresh Fruit (D)
14 Tiger Bowl Popcorn Chicken Mashed Potatoes Gravy & Corn Fresh Fruit (A)	15 Build Your Own Taco Tuesday, Brown Rice, Black Beans, Cheese & Salsa Fresh Fruit (B)	16 Local Howland Pizza Fresh Mixed Green Salad Fresh Fruit (C)	17 "The Cheesiest" Macaroni & Cheese Green Beans Garlic Roll Fresh Fruit (A)	18 Mini Corn Dogs Tater Tots Fresh Fruit (D)
21  No School	22 Build Your Own Taco Tuesday, Brown Rice, Black Beans, Cheese & Salsa Fresh Fruit (B)	23 Local Howland Pizza Fresh Mixed Green Salad Fresh Fruit (C)	24 Lasagna with Broccoli Honey Wheat Roll Fresh Fruit (A)	25 "Extra Sloppy" Sloppy Joes Potato Wedges Fresh Fruit (D)
28 Chicken Quesadilla Corn Fresh Fruit (A)	29 Build Your Own Taco Tuesday, Brown Rice, Black Beans, Cheese & Salsa Fresh Fruit (B)	30 Local Howland Pizza Fresh Mixed Green Salad Fresh Fruit (C)	31 Pasta Alfredo Green Beans Garlic Roll Fresh Fruit (A)	

Menu Subject to Change

### 2<sup>nd</sup> Options:

- Cheeseburger, Crispy Chicken Sandwich, Garden Salad w/ Chicken, Popcorn Chicken**
- (A) (B) (C) (D)

Please discuss any food allergy issues concerning your child with the Food Services Director.

This is an equal opportunity provider.

